

Canowindra

PUBLIC SCHOOL



Striving for Success

Week 4 Term 1
19th February 2020

UPCOMING EVENTS

18th February

Breakfast Club 8.30am

19th February

Breakfast Club 8.30am

Student Banking

AFL Skills

20th February

Breakfast Club 8.30am

21st February

School Assembly 1.50pm

25th February

Breakfast Club 8.30am

26th February

Breakfast Club 8.30am

AFL Skills

27th February

Breakfast Club 8.30am

District Swimming Carnival

PBL Focus

Being Safe

Principal's message

Wow week 4 already! All students who haven't purchased a maths text book by now will be given a text and it will be added to their school account. This can be paid off before the end of the term.

We have four classes who will be participating in LEGO Fair Play Project. These classes are KS, Yr 2, Yr 3, and 5/6M. This program is an initiative between the Department of Education and UNSW/ Gonski Institute. These classes will be involved in three 30min sessions of unstructured play per week over an 8 week period. Unstructured play is vital in the development of cognitive, emotional and problem-solving skills and we are hoping the research will show a direct link to a free play and the holistic development of a child.

Results for our swimming carnival are posted in this week's newsletter. We had some amazing results in the pool, well done to all our swimmers! The district carnival will held in Cowra on Thursday 27 Feb. Any parents who are available to help with transport would be very much appreciated. Notes were sent home yesterday.

Once again our 3 Way interviews for students, staff and parents in Year 1-6 will be held in Weeks 6-7. Your bookings days and timeslots will be available through Sentral's Parent Portal. We will let you know when this is open, stay tuned!

This Friday will be our first assembly of the year, starting at 1.50pm. Looking forward to seeing as many parents as possible.

Have a great week!

Sharon Hawker



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Nurture Grow Flourish

Proud member of the Lachlan Valley Learning Community

School Assembly-Friday 21st February 2020

Kinder	Natasha Robinson, Alexa Roth, Aria Bowman
K/1	Grace McSpadden, Eva Dunn, Noah Grey
Year 1/2	Jack Trengove, Sam Markcrow, Emily Bullock
Year 2	Poppy James, Hunter Pearce, Alexis Sheehan
Year 3	Bonny McMillan, Logan Morrison, Kadee Newcombe
Year 3/4	Lola D'Onise, Charlotte Pearce, Spencer Markcrow
Year 4/5	Sofia D'Onise, PJ Jackson, Adison Newcombe
Year 5/6	Thomas Woods, Sophie Smyth, Jake Dunkley
Year 5/6 Blue	Laura Cox, Halle Frecklington, Ray Martin

SRC Representatives

Each year two students from Yrs 2 to 6 are selected as SRC (Student Representative Council) reps. These students will be acknowledged and presented with their SRC badges during this Friday's assembly.

Year 1/2	Eloise Duguid
Year 2	Sophie Balken, Hunter Pearce
Year 3	Will Swords, Bonny McMillan
Year 3/4	Lola D'Onise, Spencer Markcrow
Year 4/5	Macy Slattery, Campbell Duguid
Year 5/6	Sophie White, Addison Fliedner
Year 5/6 Blue	Riley Dick, Thomas Berkrey

Bakery Lunch Orders are available on Monday, Thursday and Friday each week

Cabonne Council has reduced Pool Entry to \$1.00 per student during school activities for the remainder of the 2019/2020 swimming season

PBL

PBL (Positive Behaviour for Learning) is a proactive, preventative whole school approach to supporting the learning and wellbeing needs of all students. Included in today's newsletter is a copy of our Canowindra Public School expectations. This is what the behaviour will look like in each of our settings to be safe, respectful and responsible across all settings in our school. Please take the time to go over this with your child.

Attendance

Parents need to be aware that our school operates under very strict guidelines from the NSW government concerning the attendance of students. A child must attend school every day of a scheduled school year. It is a parent's responsibility to ensure that this happens, and it is the school's responsibility to keep accurate records of attendance. The school is not permitted to approve leave for any reason other than illness, exceptional family circumstances or occasional absence for elite sporting or cultural participation. This may seem severe, but all schools must adhere to these guidelines. Most leave, other than sick will be designated as "explained but unjustified". Please call the school or send in a note within 3 days of absence.

Important Info:

Change of days for Staff Development Days (SDD) Terms 2 and 3 2020

Term 2, Week 1- Students return Monday 27 April but have Friday 1 May off school

Term 2, Week 10 - last day of term, Friday 3 July students off school (2nd SDD in term 2)

Term 3 Week 1- Students return Monday 20 July (no SDD in term 3)

Swimming Carnival

Congratulations to all children who participated, we saw lots of fantastic swimming and also great cheering from the side.

Gaps in the results chart may indicate no entries or a disqualification. First and second place have made to through to District as well as some third places based on times (children have been notified on their permission note of their events). Place ribbons will be handed out at Assembly on Friday 21st February (Week 4) at 1.50pm.

Cowra Public are hosting the Cowra District Carnival at Cowra. This will be held on Thursday 27th February from 9am-3pm. We will be transporting children to the carnival via private vehicle, any assistance would be greatly appreciated. Notes have been handed out and you can indicate if you can take any extra children with you.

A huge thank you to parents who gave up their time to volunteer, your help is greatly appreciated. Thanks to Canowindra Swimming Club for the use of their equipment, to Margie for her great hospitality and to Mr Wooldridge for the use of all your shade tents.

Well done to all children involved in getting dressed up in your house colours.

The best dressed winners were;

Belabula – Laura Cox, Lachlan Dunkley

Lachlan – Georgie Statham, Freya McCaffery

Nangar – Jack Smyth, Lilly Hammond

Tilga – Toby Stephens, Noah Hamer

Thank you and congratulations to all parents who were involved in our 'parent race'.

13 records were broken at our carnival this year. What an achievement. They were;

Will Swords – 9 years boys 50m freestyle

Ava Thornberry – 9 years girls 50m freestyle, junior girls 50m breaststroke, junior girls 50m butterfly, junior girls 200m IM

Jack Smyth – senior boys 50m breaststroke, senior boys 50m backstroke

Hannah Gordon – senior girls 50m breaststroke, senior girls 200m IM

Nicholas Gordon – junior boys 50m backstroke

Lucy Neville – junior girls 50m backstroke

(Belabula) Archie Moore, Levi Strange, Lachlan Dunkley, Jake Dunkley – Boys Relay

(Lachlan) Lucy Neville, Audrey Pearce, Grace Payne, Hannah Greenhill – Girls Relay

Relay Teams for District will be:

Junior Boys – Nicholas Gordon, Levi Strange, Jay Burn, Will Swords

Junior Girls – Haylee Stanbury, Lucy Neville, Grace Payne, Ava Thornberry,

Senior Boys – Jack Smyth, Bodhi White, Toby Stephens, Jake Dunkley

Senior Girls – Hannah Greenhill, Audrey Pearce, Claire Neville, Hannah Gordon

Swimming Champions

Congratulations to this year's age champions.

Junior	Nicholas Gordon	Ava Thornberry
11 yrs	Jonty Bullock	Sophie White
Senior	Jack Smyth	Hannah Gordon

Mindy Dixon

Swimming Carnival Results 2020

Boys

Girls

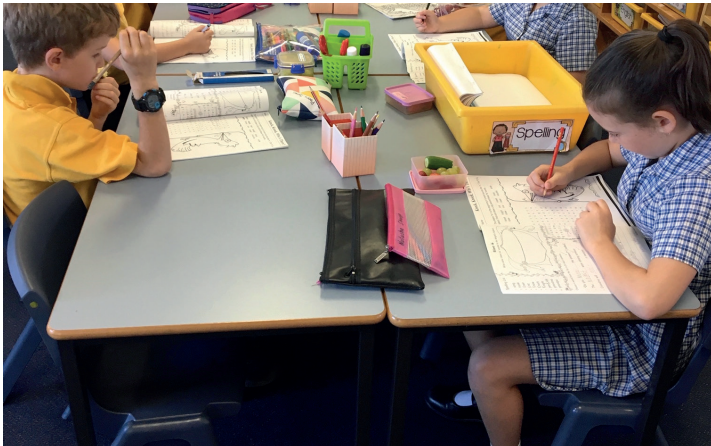
EVENT	1 st	2 nd	3 rd	1 st	2 nd	3 rd
50m Freestyle						
8yrs	-	-	-	-	-	-
9yrs	Will Swords	Jay Burn	Lachlan Dunkley	Ava Thornberry	Haylee Stanbury	Lucy Neville
10yrs	Nicholas Gordon	Levi Strange	Fraser Wythes	Darcy Palmer	Maisie Swords	Dimity Rogers
11yrs	Cooper Williams	Noah Hamer	Jonty Bullock	Olivia McKenzie	Sophie White	Adison Newcombe
12yrs	Jake Dunkley	Jack Smyth	Bodhi White	Hannah Gordon	Hannah Greenhill	Audrey Pearce
13yrs	-	-	-			
All Age 100m	Archie Moore	Jake Dunkley	Jack Smyth	Hannah Gordon	Hannah Greenhill	Audrey Pearce
50m Breaststroke						
Junior (8,9,10yr)	Will Swords	Lachlan Dunkley	Nicholas Gordon	Ava Thornberry	Lucy Neville	Haylee Stanbury
11yrs	Jonty Bullock	Noah Hamer	Cooper Williams	Tamika White	Sophie White	Sophie Smyth
Senior (12,13yr)	Jack Smyth	Marcus Wythes	Jake Dunkley	Hannah Gordon	Audrey Pearce	Hannah Greenhill
50m Backstroke						
Junior (8,9,10yr)	Nicholas Gordon	Fraser Wythes	Lachlan Dunkley	Lucy Neville	Ava Thornberry	Haylee Stanbury
11yrs	Noah Hamer	Jonty Bullock	-	Sophie White	Adison Newcombe	Sophie Smyth
Senior (12,13yr)	Jack Smyth	Marcus Wythes	Jake Dunkley	Hannah Gordon	Claire Neville	Audrey Pearce
50m Butterfly						
Junior (8,9,10yr)	Nicholas Gordon	Lachlan Dunkley	Fraser Wythes	Ava Thornberry	Lucy Neville	Haylee Stanbury
11yrs	Jonty Bullock	-	-	-	-	-
Senior (12,13yr)	Toby Stephens	Angus Sunderland	Jack Smyth	Hannah Gordon	Audrey Pearce	Hannah Greenhill
4x50m Medley						
Junior (8,9,10yr)	Nicholas Gordon	Fraser Wythes	-	Ava Thornberry	Lucy Neville	Haylee Stanbury
Senior (11, 12,13yr)	Jonty Bullock	Marcus Wythes	-	Hannah Gordon	Hannah Greenhill	Audrey Pearce
4x50m Relays						
2 jnr, 2snr	Belabula	Lachlan	Nangar	Lachlan	Nangar	Belabula

Swimming Carnival



CPS had another successful swimming carnival in Week 2. Congratulations to those students who broke records or PBs, and to those students who had a go. Thank you to Miss Dixon for organising the day and to all the parent helpers and teachers for their help on the day.

Class in Focus: Year 2



Year 2 have been working hard in literacy groups as they begin to develop their knowledge and understanding in reading and writing conventions. They have enjoyed engaging with digital technology using the computers and iPads to further their reading and comprehension skills.

Students draw on an increasing range of skills and strategies to fluently read, view and comprehend a range of texts on less familiar topics in different media and technologies EN1-4A

Visit from NRL players



Primary students were lucky enough to get a visit from two NRL players last week. Shawn Blore from the Panthers and Enari Tuala from the Knights talked to the students about sportsmanship and respect, and chose some lucky students to do some skills with.

P&C News

WELCOME!!!!

It's 2020!!! Welcome to new families and returning families.

WHAT IS THE P&C?

The role of the P & C is to meet together to determine and promote the needs and interests of the school community by bringing parents, citizens, students and teaching staff into close co-operation. We assist in providing facilities and equipment for the school, and as well as promoting the recreation needs and welfare of the students at school.

It is open to all members of the school community: parents, teachers and citizens.

Like Us on Facebook

Canowindra Public School P & C have a Facebook Page which is a great tool for communicating between the school, P & C and members. Like us today!!

<https://www.facebook.com/groups/CanowindraPublicSchoolPandCAssociation/>

THANK YOU

We had our first meeting of the year last week and it was so great to see some new faces along with our fabulous committee from last year. Thank you to all those that came.

AGM

Our AGM is next month on Monday 2nd March. We will meet at 3.30pm in the staffroom and this will be followed by a general meeting. There will be a teacher available to watch students and younger students.

All executive positions will be made vacant. These include President, Vice-President, Treasurer and Secretary. We are always after general members too – without these, we get very little done!!

New members are always very welcome. New ideas and fresh perspectives are what we need to keep rolling!

LEVEL 2 SPORTS COURT

What a lovely sight to see with the new sports court that was installed during the holidays. This was made possible by the many fundraising activities that took place in 2019. Thanks to all involved. How amazing does it look!!

CALENDER OF EVENTS

Term 1

Monday 2nd March

AGM and general meeting, 3.30pm

Thursday 5th March

Welcome disco and dinner - beach themed

Weeks 8 – 10

Easter Raffle - drawn at the Easter Hat Parade

Term 2

Movie Night

Hosting District Cross Country

Public Notices



Cowra Uniting Church

Wesley Centre

Saturday 14th March, 2020

Lego Exhibition

& Competitions

& display by Cowra Model Aircraft Club

9.30am - 3pm

\$5 (or \$10 per family) entry -

Morning teas - BBQ lunch

Competitions - \$4 per entry

Competition Sections - Preschool (original & set presentation)

- Years K - Yr 2
- Primary (original & set presentation)
- Best Family display - any age.

Entries to be at the Hall on Friday 13th - 4pm - 7pm

Contacts - Kathryn Tindall - 6341 4011
Margaret Pengilly - 6342 1794

Supporting the Scripture teacher
In the Cowra High School

Entry forms available



**BE A
PYTHON**



CLUB SIGN UP DAY
Saturday 7th March, 4pm
@ Rugby Clubhouse

Play with the Wallas U6's, U8's and U10's
or the Juniors U12's, U14's and U16's
Use your NSW Active Kids Voucher
See Canowindra Junior Pythons Facebook page
for Online Registration details
Training starts Friday 27th March @ 4.30pm
For further details contact Brian Swords 0408935613



TENNIS LESSONS

ANZ Tennis Hotshots for Term 1 will be held Tuesday afternoons at the Canowindra Tennis Courts commencing on 11th February. the cost is \$130 per term.

Cardio tennis commences on Tuesday 11th February at 6.10pm. Cardio is a tennis based fitness program open to all ages, abilities and fitness levels and you don't need to have played tennis before. Cardio tennis is \$15 per session. To enrol for hotshots or if you need further information contact Helen Garratt on 0407 139 164 or email handlgarratt@bigpond.com



Nutrition Snippet

The simplest way

... to pack a healthy lunch box .

Does packing lunch boxes feel like a chore? We are here to help you kick start the year easily, packing healthy lunch boxes your kids will enjoy.

Healthy lunch boxes don't have to be boring.



We are very excited to bring you our new look [healthy lunch box website](#) that has been improved with new features and functions based on feedback provided by you! You can now search for gluten free and vegetarian recipes, as well as **easy to freeze** and **quick and easy** recipes because as parents, we know how important it is to pack lunches quickly.

You can sign up to the [Healthy Lunch Box e-newsletter](#) for ideas, updates and recipes delivered to your inbox throughout the year.

[Check out the new website now!](#)

healthylunchbox.com.au

Public Notices

MooV
SCHOOL EDUCATION PROGRAM

MYTH 1
Head lice are signs of poor personal hygiene. Lice prefer dirty hair.

FALSE
It is not a sign of poor hygiene. Head lice don't really discriminate and don't care if hair was washed this morning or last week.

MYTH 2
Head lice can be caught through sharing hats.

TRUE
This is true. Head lice can spread this way. Schools are advised not to store children's hats in a communal box between breaks.

MYTH 3
Head lice can jump from head to head.

FALSE
Many people think that lice can be caught jumping from head to head when in fact they are unable to hop, jump, or fly at all – they are transmitted by close personal contact or by sharing caps and hats, brushes and combs.

Always read the label. Follow the directions for use. If symptoms persist, worsen or change unexpectedly, talk to your healthcare professional.

THE COUNTRY EDUCATION FOUNDATION OF CANOWINDRA FUNDRAISING EVENT

SAT 4TH APRIL

LIVE MUSIC @ THE CLUBHOUSE
FAMILY FRIENDLY OUTDOOR EVENT | FOOD STALLS | BAR

featuring **GORDI**

PLUS BONNY RAI, JOEY WYTHES
BEN NASH (78 SAAB)+GUESTS



tickets available online via
www.eventbrite.com.au

Gates open 5.30pm
Just search - Live music @ The Clubhouse
Country Education Foundation of Canowindra
Cash sales visit Frock On (Gaskill St) & Cafe Delice (Tilga St)

The 'Clubhouse' - Canowindra Pythons Rugby Union
Clubhouse @ The Sportsgrounds, Cnr Rodd & Ross St

Event updates & tickets
@canowindramusicandeventscosco
email - canocef2804@gmail.com
this is a licensed event - no byo alcohol



NSW TAFE NSW PUMA FOREVERFASTER ULTRA FOOTBALL

PLAY FOOTBALL JOIN OUR TEAM

REGISTER NOW! PlayFootballNSW.com.au

FOOTBALL NSW ULTRA FOOTBALL



Positions for female players from Under 14 to Under 17 are available at Western NSW FC to play Football NSW NPL in 2020.

Interested players should visit Western NSW FC on Facebook or contact wswfcwomens@gmail.com



NSW Primary All-Schools Girls 12 Years & Under Australian Football Selection Trial Term 1, Weeks 10/11

Registrations for this event close 5:00pm Friday 13 March 2020

All girls who trial must be available, if selected, for the School Sport Australia Championships in Adelaide, South Australia from 1 to 8 August 2020.

How to enter:

To apply for the Primary All-Schools Selection Trial in your area, you must complete the on-line registration and payment by the closing date, Friday 13 March 2020.

Further information is available from the NSW School Sport website by clicking on the link for each trial.

Registrations close 5:00pm Friday 13 March 2020

Cost \$10.00 per student

Who

The trial is only for Primary School Girls 12 Years and Under. Girls can be 12, however must not be turning 13 in 2020. Girls enrolled in Secondary Schools are ineligible to trial.

When and Where

Thursday 2 April 2020
• Southern Inland @ Jubilee Park, Wagga Wagga

Wednesday 8 April 2020
• South Coast @ Hanging Rock Sports Ground, Batemans Bay

• Metro East @ Olds Park, Penrith

• Mid North Coast & Inland @ Tulkaba Park, Newcastle

Thursday 9 April 2020
• Metro West @ Blacktown International Sports Park (Field 2), Rooty Hill

• Northern Coastal & Inland @ Fitzroy Oval, Coffs Harbour

